# Home Visiting Task Force Meeting May 3<sup>rd</sup>, 2016 3:00-5:00pm

#### **MINUTES**

Participants: Diana Rauner (co-chair), Gaylord Gieseke (co-chair), Teresa Kelly, Anna Potere, Darius Tandon, Erin Ward, Gail Nourse, Paula Corrigan-Halpern, Esha Phatak, Heather Blankenship, Jay Young, Kelley Washington, Lesley Schwartz, Elaine Duensing, Gerri Clark, Dawn Delgado, Sherneron Hilliard, Rosie Gianforte, Peggy Kiefer, Noelle Norris, Diane Scruggs, Kelly Vrablic, Michelle Howell, Ann Courter, Ané M. Maríñez-Lora, Tori Graham, Melanie Garrett, Jon Korfmacher, Saima Gowani, Roy Harley, Vikki Thompson, April Ingram, Ralph Schubert, Dara Williamson, Patricia Kloppenburg, Dan Harris, Kennye Westbrook, Jaime Hamil

#### **Welcome and Introductions**

The January 27<sup>th</sup>, 2016 meeting minutes were approved with no changes.

## **Pregnancy Risk Assessment Monitoring System (PRAMS)**

- Patricia Kloppenburg from the Illinois Department of Public Health shared information on the Pregnancy
  Risk Assessment Monitoring System (PRAMS), including what the data is showing and how home visiting
  programs can help to ensure the survey is administered and completed.
- The data shows that the percentage of mothers reporting post-partum depression has increased, with higher rates among younger mothers, non-Hispanic white mothers, and those with a lower education level. This presents an opportunity for targeted education.
- IDPH would like to provide additional incentives to mothers for participating in the survey.
- IDPH would like to provide a web-based version but needs to ensure patient confidentiality. They are also exploring the use of applications for phones and tablets.
- The following ideas were presented for how home visitors can help to increase response rates:
  - Share the brochure;
  - Market the survey via social media (for example, the brochure is on the IDPH Facebook page);
  - Analyze the data to see what services mothers are connected to and try to reach women at those locations (e.g., WIC offices); and
  - Talk to staff at team meetings about the PRAMS so that the home visitors can talk to participants and encourage them to complete if they are selected.
- See PowerPoint and handouts for more information.

## Home Visiting-Child Welfare Workgroup Update

- The workgroup has completed Phase 1 of the project, which outlined a plan to connect pregnant and parenting teen wards of the state in TPSN with Healthy Families home visiting programs. This included working with Healthy Families America to extend eligibility up to the age of one.
- Since January, the group has been working to determine the components of a pilot with the goal of launching the pilot in July 2016.
- Eight pilot sites have been selected, representing a range of geography. All but one of these sites has doula services and some of them are MIECHV programs. All pilot sites will receive infant mental health consultation.
- The group has now created three focus groups on cross-training, communications, and data. They are also working on developing an MOU and data-sharing agreements.

### **Mothers and Babies Project**

- Darius Tandon presented research updates on the Mothers and Babies intervention to address maternal depression among home visiting clients as well as future plans for the project.
- There are currently three studies under way:
  - The 1-on-1 Efficacy Study: this was developed to see if they would find similar outcomes to the group intervention. The project has funding from the Illinois Children's Healthcare Foundation to conduct 12- and 24-month assessments.
    - The maternal mood screening is self-reported but maps onto the DSM and clinical interviews.
    - Preliminary outcomes include that perceived stress and BDI scores are decreasing among both the group that receives both home visiting and Mothers and Babies, and the group that receives only home visiting. The control group began with higher BDI scores.
    - Mothers and Babies is intended to be an enhancement to home visiting services but each home visitor has flexibility in determining how to integrate it into their services and on what schedule.
    - All programs are Parents as Teachers and Healthy Families America.
    - Infant mental health consultants work with the programs to help home visitors blend the model into their home visits.
  - Supervision Study: the goal of this study is the sustainability of Mothers and Babies over time. The study looks at whether the type of person conducting supervision impacts fidelity and outcomes.
     The goal is to reach 200 clients and home visitors.
  - Comparative Effectiveness Study: this study will begin in July 2016 and will be for three years. The
    goal is to recruit 40 women over a two-year period. Recruitment strategies may include publicizing
    that the programs will receive infant mental health consultation, which is an incentive, and
    developing a fact sheet and flyer to use in direct outreach.
- See PowerPoint for additional information.

## **Budget Impasse and Implications**

- The Senate recently passed a bill SB047 that included limited, stopgap funding for human services.
   Among other services, SB2047 includes partial funding for home visiting programs funded by the
   Department of Human Services: \$3,514,000 for Healthy Families and \$2,404,600 for Parents Too Soon. It
   now goes to the House to vote on it. While this would provide some relief for those programs, advocates
   are still asking for a fully funded budget.
- Programs shared that they are reducing staff and services and some have even closed down or are considering closing down.

#### **MIECHV Grant Update**

The State was awarded \$8.6M in funding from April 1, 2016 through September 2018. The funding will
expand direct services to seven new communities, and will enable funding for innovative projects such as
the Home Visiting-Child Welfare Pilot, Home Visiting for Homeless Families Demonstration Project, the
Universal Newborn Support System, and infant mental health consultation. It will also continue
investments in training and professional development.

### Wrap Up and Next Steps

• The next meeting is July 26<sup>th</sup>, 2016.